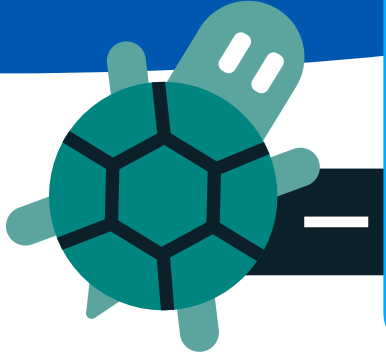


Go from Energy Tortoise to Energy Hero!



Week 1:

1. Check your **Live view** - how much power are you are using? Is it high, medium or low? Is that what you would have expected? If not, what's switched on that doesn't need to be? Whilst you're there, click on **Phantom** to see how much it's costing you.
2. Now, look at your **Energy Usage Reports**. How do you compare to other households?
Read more: *Compare energy use: are you a big spender?*
3. Time for a test! How much do you think you **spent yesterday**? What about last week, or last month?
4. Do you have a **leaky tariff**? You're going to be using more electricity over winter, so don't pay more than you need to.
5. Are you spending whilst you sleep? Last thing at night, go to **Live view**. If you're not at Phantom, what have you left on...?
Read more: *How monitoring electricity use can save you money*
6. Are you an Energy Tortoise or an Energy Hero? **Take the quiz!**

Week 2:

7. Slay the Phantom! Go on a **Loop Snoop** and understand why your bill might be higher than you were expecting.
Effort: 🍌
Impact: 🌳🌳🌳
Read more: *Why is my electricity bill so high?*
8. You know you should switch tariff, so why haven't you? Think what you could do with that £300 **switching through Loop**...
Effort: 🍌
Impact: 🌳🌳🌳🌳
9. Give your radiators a bit of TLC! Bleed them and move sofas away to help heat circulate more effectively.
Effort: 🍌
Impact: 🌳
10. Swapping to LEDs will pay for themselves in around a year! See what you can save with our **LED calculator**.
Effort: 🍌🍌
Impact: 🌳🌳🌳🌳🌳
Read more: *LED lights: save energy and join the 'revolution'*
11. Don't whack up the thermostat, aim for between 18 - 21 degrees. Turn your heating down by 1 degree to save £80!
Effort: 🍌
Impact: 🌳🌳🌳
Read more: *5 home energy mistakes you're probably making - and how to take control*

