

Sharpen your energy instinct!



Week 1:

1. Check **Live view** or your smart meter in-home display - how much power are you using right now? Is that what you would have expected? If not, what's switched on that doesn't need to be? **Optimise your Phantom Load.**
2. Now, look at your **Energy Usage Reports**. How do you compare to other households?
Read more: *Compare energy use: are you a big spender?*
3. Time for a test! How much do you think you **spent yesterday**? What about last week, or last month?
4. You're going to be using more electricity over winter, so don't pay more than you need to. **Step-up your efficiency.**
5. Are you spending whilst you sleep? Last thing at night, check **Live view** or your in-home display. Is there anything on that doesn't need to be?
Read more: *How monitoring electricity use can save you money*
6. Are you an Energy Tortoise or an Energy Hero? **Take the quiz!**

Week 2:

7. Slay the Phantom! Go on a **Loop Snoop** and understand why your bill might be higher than you were expecting.
Effort: 🍷
Impact: 🌳🌳🌳
Read more: *Why is my electricity bill so high?*
8. Give your radiators a bit of TLC! Bleed them and move sofas away to help heat circulate more effectively.
Effort: 🍷
Impact: 🌳🌳
9. Swapping to LEDs will pay for themselves in around a year! See what you can save with our **LED calculator**.
Effort: 🍷🍷
Impact: 🌳🌳🌳🌳🌳
Read more: *LED lights: save energy and join the 'revolution'*
10. Don't whack up the thermostat, aim for between 18 - 21 degrees. Turn your heating down by 1 degree to save £80!
Effort: 🍷
Impact: 🌳🌳🌳
Read more: *5 home energy mistakes you're probably making - and how to take control*

Week 3:

11. Check your draft-proofing is up-to-scratch and keep hold of the warmth you're paying for.
Effort: 🍷🍷
Impact: 🌳🌳🌳
Read more: *Energy efficiency in older homes*
12. Could fitting solar work for your home? Don't wait until summer! Turn on the **Solar and Battery Simulator** and look back at your usage.
Effort: 🍷🍷🍷
Impact: 🌳🌳🌳
Read more: *The benefits of generating your own solar power*
13. **Improve your home's insulation!** It's an effective way to reduce bills and improve comfort.
Effort: 🍷🍷🍷
Impact: 🌳🌳🌳🌳
14. Switch to an EV! Don't fear bill shock - they can actually be cheaper to run, especially if you have solar.
Effort: 🍷🍷
Impact: 🌳🌳🌳🌳
Read more: *Three reasons why people don't buy electric cars - but actually should!*
15. **Heat pumps** are a big investment, but they reduce carbon emissions by 90% compared to a gas boiler.
Effort: 🍷🍷🍷
Impact: 🌳🌳🌳🌳

